

SPORTNA UNIJA SLOVENIJE – ZVEZA DRUSTEV ZA SPORTNO REKREACIJO IN SPORTNO VZGOJO
SPORTS UNION OF SLOVENIA (SUS)

1) PIC Number: 940492213

Type of organisation: NGO (Non-Governmental organisation)

Country: Slovenia

Region: Osrednjeslovenska

OID: E10154444

2) Admin data:

- a. Person responsible for the management of the application (Contact person): Title, Family name, First name, Role in the organisation and E-mail address

Mr. Patrik Peroša, Vice-President, patrik.perosa@sportna-unija.si

- b. Person authorised to represent the organisation in legally binding agreements (Legal representative): Title, Family name, First name, Role in the organisation and E-mail address

Mr. Janez Sodržnik, president, janez.sodrznik@sportna-unija.si

3) Organisational description: Please provide short presentation of the organisation (key activities, affiliations, size of the organisation, etc.), if possible also experience relating to the project

Sports Union of Slovenia (SUS) as the largest national sports for all organization connects different sports organizations, associations, clubs and individuals working in the field of sports recreations and sport for all in Slovenia. It unites over 170 organisations and has over 60.000 members scattered all over Slovenia. Their common goal is to promote healthy lifestyle and active use of leisure time.

The vision of the Sports Union Slovenia is to be the leading sports organization in the field of sports recreation and sport for all in Slovenia, which will seek to approximate recreational sports and physical activity to every individual. The Sports Union of Slovenia aims to encourage participation in physical activity, and contributes to the development of physical literacy and sport for all sector on the national level.

The mission of SUS is to unite and to support sports clubs that act in the field of sports recreation and sport for all, to encourage their advanced professional training, to strive for the progress of professional work and to introduce innovative methodologies.

Until 2018 SUS has been accredited by the Ministry of Education in Slovenia to deliver certified (and compulsory) non-formal training programmes in their fields of expertise. SUS offers additional education opportunities and trainings by organizing various seminars, conferences, forums and congresses on topics in the field of sport for all and healthy lifestyle.

SUS is also striving for Slovenia, as a country, to become a major supporter of this field and make some legislation changes, which would facilitate the work of sport clubs and SUS itself.

SUS belongs to the network of EFCS (European Federation for Company Sport), TAFISA (The Association For International Sport for All), ISCA (International Sport and Culture Association), EOSE Observatory, FARE (Football Against Racism Europe), ICSSPE (International Council of Sport Science and Physical Education) and HEPA Europe.

Regular activities of SUS:

- education and additional training and improvement of professional and organisational staff so that the programme offered and publishing for this purpose is constantly enriched;
- organisation of national and international sports meetings, seminars, conferences, congresses and other forms of dealing with professional topics in the field of sport and recreation and physical education;
- management and coordination of various international and national programmes and initiatives in sport for all;

- linking of sports clubs that deal with sport and recreation, physical education and other forms of sport;
- cooperation with other sports organisations and stakeholders, cross-sector cooperation with interested partners on national and international level,
- promotion of spatial planning and building of sports facilities and sports equipment of appropriate capacity and according to the most recent standards.

NATIONAL SPORT FOR ALL PROGRAMMES:

WIND IN YOUR HAIR – Having fun with your friends and family through sports. “Wind in your hair” is a project which has been inspiring and physically activating young people throughout Slovenia for the last 27 years. With this project we bring together and reach out to 12.000 people every year. It is namely the largest sport and social initiative for children and adolescents in Slovenia, which allows us to alert and encourage the youngsters and to offer them an active, friendly, cheerful and dynamic view on life and on spending leisure time. Local organisers hold a one day event, which is full of various sports activities as well as creative workshops. It is based on team spirit, cooperation and connecting the members of the team. The team chooses which activities they would prefer in which order. All the activities are prepared in a way that children with no additional know-how can do it. Motivation and engagement is rewarded while the efficiency of the execution is not so important. The project has established SUS as a proficient association in working with children and young people, and the project is being delivered locally in collaboration with schools and other partners, and will therefore be of relevance to the current proposal.

SLOVENIA IN MOVEMENT - Promotional project of healthy and active life. It motivates and encourages all generations to start exercising on daily basis. The main goal of the project is to collect several million hours of movement, with the help of sports organizations that are organizing different sport activities. Each year the national network of regular exercise programmes and various sports events is expanding, connecting local and regional sport organisations working in the field of sport for all. Special attention is given to additional education of trainers, coaches and managers. SUS organizes free of charge seminars and workshops for trainers, coaches, managers and volunteers in local sport clubs.

HEALTHY CLUB – Centre for quality of movement, socialisation and information sharing. The project Healthy Club was formed as an expansion of a national action With movement to health in 2007. With the quality mark of the Sports Union of Slovenia HEALTHY CLUB, the club will receive a confirmation that its offer of exercise programs, intended for the maintenance and strengthening of health, is of high quality and professionally guided. For ensuring a successful and efficient operation, the club is appropriately managed with regard to its staff as well as its financial, legal, accounting, information, media and program aspects. Already one third of SUS’s members that provide quality services to 1500 members every year have received the quality mark. The quality mark is of key importance for sport clubs to become recognized by their professional approach, not least by their local community partners, in particular the schools they work with.

In the last few years SUS developed and implemented new national project **Health-friendly Organization**. The goal of the project is promotion of regular health enhancing physical activity and healthy working environment and to provide measures to achieve it. The project includes several trainings and workshops for employees and their leaders.

SUS recognized physical activity among seniors as a field where more promotion and activities need to be provided. For this reason SUS developed a new national programme called **ACTIVE AGEING** with the flagship national event **FESTIVAL OF ACTIVE AGEING**. It includes promotion of physical activity among seniors, education and seminars for trainers and elder people as well as sport events and free of charge regular exercise for seniors. Because of its importance SUS would like to become even more involved in the field of physical activity among seniors and upgrade the programme.

EXERCISE FOR HEALTHY BACK – Developing a national programme Exercise for Healthy Back Sports Union of Slovenia has answered a raising problem of modern society called back pain. Growing physical inactivity has negative consequences in form of reduction of the quality of life due to several health

issues, one of the most common being the back pain. The regular practice of physical activity, particularly core stabilization exercises, prevents the occurrence of back pain. A national network of sport clubs offers professionally designed exercise programme, aiming to prevent and cure back pain, which is led by educated and trained trainers.

ONLINE WORKOUT – The impact of current pandemic is massive, and the only strategy to curb the rapid spread of the disease is to follow social distancing. The imposed lockdown, resulting in the closure of business activities, public places, fitness and activity centers, and overall social life, has hampered many aspects of the lives of people including routine fitness activities of fitness freaks, which has resulted in various psychological issues and serious fitness and health concerns, including rapid decrease of physical fitness. Sports Union of Slovenia has established a new national programme, providing various online workouts for different age categories and levels of physical fitness.

Experience in international projects and cooperation on the European level:

- SUS has been the National coordinator for NowWeMOVE since 2012
- EuroVolNet: A network for developing voluntary competence in sport organisations, EAC-2010-1304
- Good Governance in Grassroots Sport, EAC-2011-0451
- Active Workplace – Healthy LifeStyle, 561063-EPP-1-2015-1-FR-SPO-SNCESE
- Active School Communities, 2015-3070/001 – 001
- European Fitness Day, 572862-EPP-1-2016-1-DK-SPO-SCP
- Move Transfer, 2016-2968/001 – 001
- Physical Literacy, 2017-2577/001 – 001
- School To Move-Its Cool To Move, 2017 – 3135 /001 - 001
- European Fitness Badge, 2017 - 2459 / 001-001
- Defining skills and competences for sport to act as a tool for development of people and society in Europe (CHANGE), 603402-EPP-1-2018-1-FR-SPO-SCP
- Move Transfer II, 2018 – 2971 / 001 – 001
- Physical Literacy For Life, 613591-EPP-1-2019-1-DK-SPO-SCP
- Villages on the Move Go – VOMGO, 613004-EPP-1-2019-1-FI-SPO-SCP
- Social Inclusion Methodology in Critical Areas via Sport, 603224-EPP-1-2018-1-IT-SPO-SCP
- European Fitness Monitoring System, 613324-EPP-1-2019-1-PT-SPO-SCP
- Active Ageing Festival, 613430-EPP-1-2019-1-SI-SPO-SSCP
- Physical activity-related injuries prevention in adolescents, 622594-EPP-1-2020-1-SK-SPO-SCP
- Exercise for diabetes: beneficial effect of new educational and physical activity programs – BE-NEW, 622371-EPP-1-2020-1-IT-SPO-SCP
- European School Sport Day 2020, 2021, 2022
- European Mile, 622777-EPP-1-2020-1-DK-SPO-SNCESE
- EU-China Mobilities: Grassroots Sport in Schools, Clubs and Outdoors, 2018-1-EACS-EMS-000158, DG EAC Mobility Call, <https://www.isca.org/europe-china-mobility>
- Europe in Action, 613305-EPP-1-2019-1-DE-SPO-SCP
- International and European Sport Organisations Activate Citizens (INTERACT), Project Ref. Number: 622200-EPP-1-2020-1-DE-SPO-SCP
- Generations Uniting through Sport (GUS), Project ID 101089952 ERASMUS-SPORT-2022-SCP
- IceHearts Europe, Project ID 101101270, Call: EU4H-2022-PJ
- Run for diversity (R4D), Project ID: 101090559 ERASMUS-SPORT-2022-SCP
- Playful Ageing, Project ID: 101090978 ERASMUS-SPORT-2022-SSCP
- STAY! Decreasing teenage dropout in sport, Project ID: 101091037 ERASMUS-SPORT-2022-SCP
- Mobility of sport staff: Exercise on perscription, Project ID: 2023-1-SI01-KA182-SPO-000144292
- Developing the Capacity of sports organisations to safeguard the Rights of Children in Sport, Project ID: 101133566 ERASMUS-SPORT-2023-SCP

- Knowledge and Experience sharing and Capacity building (KESCAB) Online Hub, Project ID: 101133491 ERASMUS-SPORT-2023-SCP
- Moving For Health, Project ID: 101134557 ERASMUS-SPORT-2023-SCP
- Active Ageing for Falls Prevention, Project ID: 101134219 ERASMUS-SPORT-2023-SCP
- Company Sports Events, Project ID: 101134369 ERASMUS-SPORT-2023-SSCP

List of previous projects					
<i>Please provide a list of your previous projects for the last 4 years.</i>					
Participant	Project Reference No and Title, Funding programme	Period (start and end date)	Role (COO, BEN, AE, OTHER)	Amount (EUR)	Website (if any)
Sports Union of Slovenia	Defining skills and competences for sport to act as a tool for development of people and society in Europe (CHANGE), 603402-EPP-1-2018-1-FR-SPO-SCP	1.1.2019 – 31.12.2021	Beneficiary	380.339,00	http://eose.org/category_work/european_funded_project/
Sports Union of Slovenia	EU-China Mobilities: Grassroots Sport in Schools, Clubs and Outdoors, 2018-1-EACS-EMS-000158	1.1.2019 – 31.12.2020	Partner		http://isca-web.org/english/home
Sports Union of Slovenia	Move Transfer II, 2018 – 2971 / 001 – 001	1.1.2019 – 31.12.2020	Coordinator	44.525,00	https://healthclub.isca.org/
Sports Union of Slovenia	Physical Literacy For Life, 613591-EPP-1-2019-1-DK-SPO-SCP	1.1.2020 – 31.12.2021	Beneficiary	383.603,00	https://physical-literacy.isca.org/
Sports Union of Slovenia	Europe in Action	1.1.2020 – 30.6.2022	Beneficiary	394.345,00	https://kim41023.wixsite.com/europeinaction/
Sports Union of Slovenia	Villages on the Move Go – VOMGO, 613004-EPP-1-2019-1-FI-SPO-SCP	1.1.2020 – 31.12.2022	Beneficiary	397.390,00	https://www.villagesonmove.com/
Sports Union of Slovenia	Social Inclusion Methodology in Critical Areas via Sport, 603224-EPP-1-2018-1-IT-SPO-SCP	1.1.2020 – 31.12.2022	Beneficiary	397.014,00	http://simcas.eu/
Sports Union of Slovenia	European Fitness Monitoring System,	1.1.2020 – 31.12.2022	Beneficiary	400.000,00	http://eufitmos.eu/

	613324-EPP-1-2019-1-PT-SPO-SCP				
Sports Union of Slovenia	Active Ageing Festival, 613430-EPP-1-2019-1-SI-SPO-SSCP	1.1.2020 – 31.12.2021	Coordinator	56.290,00	Under construction
Sports Union of Slovenia	Physical activity-related injuries prevention in adolescents, 622594-EPP-1-2020-1-SK-SPO-SCP	1.1.2021 – 31.12.2023	Beneficiary	399.992,00	https://www.pari-pre.eu/
Sports Union of Slovenia	Exercise for diabetes: beneficial effect of new educational and physical activity programs – BENEW, 622371-EPP-1-2020-1-IT-SPO-SCP	1.1.2021 – 31.12.2023	Beneficiary	397.035,00	https://site.unibo.it/benew/en/progetto
Sports Union of Slovenia	International and European Sport Organisations Activate Citizens	1.1.2021 – 31.12.2022	Beneficiary	288.361,00	http://tafisa.org/Erasmus/INTERACT
Sports Union of Slovenia	Generations Uniting through Movement (GUM), Project ID 101089952 ERASMUS-SPORT-2022-SCP	1.1.2023 – 31.12.2024	Beneficiary	400.000,00	https://www.generationsmove.org/
Sports Union of Slovenia	STAY! Decreasing teenage dropout in sport, Project ID: 101091037 ERASMUS-SPORT-2022-SCP	1.1.2023 – 30.6.2025	Beneficiary	400.000,00	Under construction
Sports Union of Slovenia	Run for diversity (R4D), Project ID: 101090559 ERASMUS-SPORT-2022-SCP	1.1.2023 – 31.12.2025	Beneficiary	400.000,00	Under construction
Sports Union of Slovenia	Playful Ageing, Project ID: 101090978 ERASMUS-SPORT-2022-SSCP	1.1.2023 – 30.6.2024	Coordinator	60.000,00	https://playful-ageing.eu/
Sports Union of Slovenia	IceHearts Europe, Project ID 101101270, Call: EU4H-2022-PJ	1.1.2023 – 31.12.2025	Beneficiary	4.000.000,00	https://www.icehearts.eu/
Sports Union of Slovenia	Mobility of sport staff: Exercise on perscription,	1.9.2023 – 31.8.2024	Monobeneficiary	10.470,00	Under construction

	Project ID: 2023-1-SI01-KA182-SPO-000144292				
Sports Union of Slovenia	Developing the Capacity of sports organisations to safeguard the Rights of Children in Sport, Project ID: 101133566 ERASMUS-SPORT-2023-SCP	1.1.2024 – 31.12.2025	Beneficiary	400.000,00	Under construction
Sports Union of Slovenia	Knowledge and Experience sharing and Capacity building (KESCAB) Online Hub, Project ID: 101133491 ERASMUS-SPORT-2023-SCP	1.1.2024 – 31.12.2025	Beneficiary	400.000,00	Under construction
Sports Union of Slovenia	Moving For Health, Project ID: 101134557	1.1.2024 – 31.12.2025	Beneficiary	400.000,00	Under construction
Sports Union of Slovenia	Active Ageing for Falls Prevention, Project ID: 101134219 ERASMUS-SPORT-2023-SCP	1.1.2024 – 31.12.2025	Coordinator	400.000,00	Under construction
Sports Union of Slovenia	Company Sports Events, Project ID: 101134369 ERASMUS-SPORT-2023-SSCP	1.1.2024 – 30.6.2025	Coordinator	60.000,00	Under construction